



PROGRAMS AND SERVICES

Personal and Small Group Training

Personal Training 1 on 1 (per person/30 min): **8 points**

Personal Training 1 on 1 (per person/60 min): **15 points**

Personal Training 1 on 2 (per person/30 min): **5 points**

Personal Training 1 on 2 (per person/60 min): **10 points**

Accelerator Training 1 on 2 (per person/30 min): **4 points**

Small Group Training 1 on 3 (per person/30 min): **4 points**

Small Group Training 1 on 3 (per person/60 min): **7 points**

Small Group Training 1 on 4 (per person/30 min): **3 points**

Small Group Training 1 on 4 (per person/60 min): **5 points**

Small Group Training 1 on 5 (per person/30 min): **2 points**

Small Group Training 1 on 5 (per person/60 min): **4 points**

Small Group Training 1 on 6 (per person/60 min): **4 points**

Small Group Training 1 on 7 (per person/60 min): **3 points**

Small Group Training 1 on 8 (per person/60 min): **3 points**

Small Group Training 1 on 9 (per person/60 min): **3 points**

Small Group Training 1 on 10 (per person/60 min): **3 points**

Youth Fitness Classes

Speed, Strength & Agility (6-9 years): **Enrollments Available**

Speed, Strength & Agility (10+ years)(per person/60 min): **4 points**

Strength Training (13+ years)(per person/60 min): **4 points**

Monthly Unlimited Classes (10+ years): \$49/month

Adult Fitness Classes

Yoga (per person/session): **5 points**

Strength Training (per person/60 min): **3 points**

Strength Circuit (per person/60 min): **3 points**

Strength Circuit (per person/30 min): **2 points**

Bootcamp (per person/60 min): **3 points**

Monthly Unlimited Classes: \$49/month

Point System:

At LiveFIT we have adopted a point system in order to simplify participating in any of our services. Whether wanting personal training sessions, engaging in a youth sports performance class, or enrolling in a group fitness class, our point system gives you the flexibility to enroll in any service offered at LiveFIT at your convenience. This eliminates the requirement to purchase multiple sessions of the same class. We give you the opportunity to experience all of the services and classes at LiveFIT when you want. You have the option to use your points for any class or personal training session at your discretion. You choose the class and/or service you would like to enroll in and the appropriate amount of points will be deducted from your account. LiveFIT lets you enjoy the freedom of choosing how and when you use your points. Your points allow you to do a 1 on 1 personal training session one day, then have the opportunity to take a yoga class the next day, and then experience a Strength Training class the next day.

Each of our classes and services are given a specific point value. The more points you purchase at one time, the more you save in total cost per point. To start purchasing points and to begin enjoying all the benefits LiveFIT has to offer, register for a free online account with LiveFIT. You can then purchase your points, schedule your training classes, and start your journey to “LiveFIT.”

If you have any questions about our point system and scheduling classes, please contact us.

PRICE PER POINT STRUCTURE

10 Points	=	\$23 plus tax
25 Points	=	\$57 plus tax
50 Points	=	\$113 plus tax
75 Points	=	\$168 plus tax
100 Points	=	\$220 plus tax
250 Points	=	\$545 plus tax
500 Points	=	\$1080 plus tax