

“LiveFIT For A Cause”



Dear Friends,

Hope Burkin, Ty Swoap, and Carter Kanney are three very brave local children with three unique diagnoses. As brave as they are, as children, they spend much of their time in and out of hospitals for surgeries, biopsies and injections. When they are not in the hospital, much of their time is spent going to necessary endless doctor's visits.

LiveFIT is very excited to announce the first annual, “LiveFIT For A Cause.” The mission of “LiveFIT For A Cause” is to help raise awareness and money for these three children. All proceeds raised from “LiveFIT For A Cause” (including the Golf Outing, the Pump and Run event, donations, and raffles) will directly benefit the families of Hope, Ty, and Carter. This money will help provide support for medical expenses and/or will be put towards research if the families choose to do so.

“LiveFIT For A Cause Golf Outing”

LiveFIT will kick off “LiveFIT For A Cause” with a golf outing on Saturday September 24, 2016. The golf outing will take place at South Toledo Golf Club. The event will be a four person scramble which will include prizes and games throughout the course. After a great round of golf, enjoy a steak dinner along with the results, awards, and raffle prizes.

“LiveFIT For A Cause Pump and Run”

LiveFIT will host a second event, “LiveFIT Pump and Run” designed for adults and youth participants alike. The event has two components, a strength portion and a running portion.

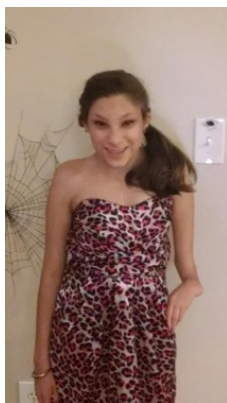
Adults Participants: the strength portion will be a bench press and the running portion will be a 5K run. During the bench press, each participant will press a percentage of their body weight which is determined by age and gender. Every successful bench press repetition will reduce the participants 5K time by 30 seconds (up to a maximum of 30 reps).

Youth Participants (ages 14 and under): the strength portion will be push-ups and the running portion will be a 1 mile run. During the push-up contest, each participant will do as many proper form push-ups as they can. Every successful push-up will reduce the participants 1 mile run time by 10 seconds (up to a maximum of 30 push-ups).

The Pump and Run event will take place at the Levis Commons Shopping Center in Perrysburg, Ohio on Saturday October 8, 2016. There will be a post-event celebration! Packet pick-up will be held at LiveFIT on Friday evening October 7, 2016.

NOTE: 5K run only and 1 mile run only entries also available

The why behind “LiveFIT For A Cause”



Hope Burkin, 15, attends Perrysburg High School. She enjoys playing the piano, pottery, swimming, and singing in the church choir. Hope was born with Fanconi Anemia (FA). Hope was born with several issues, including two holes in her heart (repaired), missing radius and thumb, hearing loss, single kidney and a gastric tube installed for nutrition. She has annual bone marrow biopsies so her doctors can monitor her marrow function. At this time Hope’s one, small kidney is becoming a concern with diminishing function levels. FA is an inherited disease that can lead to bone marrow failure and cancer. Though considered primarily a blood disease, FA may affect all systems of the body. It is a complex and chronic disorder that is psychologically demanding. FA is also a cancer-prone disease, affecting patients decades earlier than the general population.



Ty Swoap is a happy, healthy 12 year old. Ty, along with his twin brother Drew attend Toledo School for the Arts. Ty enjoys playing percussion for the school. In addition, Ty would like to be a part of the Jr. Tech Crew next year at school. He was born with Treacher Collins Syndrome (TCS). This affects 1 in 50,000 births. TCS affects the development of bones and tissues in the face. Ty was born missing his nasal passage, ears, a small lower jaw, and cheek bones. He has had 33 surgeries, and will need about 10 more before he is fully grown at 24 years of age. Ty has been through many hospital stays that require days and weeks at a time. He continues to brave through it all.



Carter Kanney is a fun-loving 6 year old boy from Coldwater, Ohio. Carter enjoys playing with his brothers and watching his favorite TV shows. Carter loves being around family, going to birthday parties (even if they are not his) and has an infectious belly laugh that can win over any crowd. He was diagnosed with MPS II (more commonly known as Hunter Syndrome) when he was two years old. MPS II is a rare disease caused by the body’s inability to produce a specific enzyme. Without this enzyme, chains of sugar molecules can build up in various body tissues which can cause progressive damage throughout the body, including the heart, bones, joints, respiratory system and central nervous system. Carter undergoes weekly enzyme infusions, which help with the physical progression of the disease but do not help with the cognitive progression. The infusions help, but they are not the cure. Carter has had many surgeries over the last few years. He visits the Cincinnati Children’s Hospital multiple times per year along with countless visits with cardiology, pulmonology, OT, PT geneticists, audiologists among others.