



Youth Fitness

Strength / Speed / Agility

The LiveFIT Youth Training Center is located at 26610 Eckel Rd, Perrysburg, Warehouse Door "A".

Attending Youth Sports Performance classes at LiveFIT is very flexible. Athletes can register for a single class by using LiveFIT "points" or they can purchase a monthly membership which includes unlimited visits. Below is a listing of all the available classes which can be attended under the monthly unlimited membership.

Ages 6-9

UNLIMITED SPECIAL
~~\$59/month~~ **\$39/month**

Monday:	Speed & Agility 10:00-10:45am
Tuesday:	SURFSET Jr 10:00-10:45am
Wednesday:	Speed & Agility 10:00-10:45am
Thursday:	SURFSET 10:00-10:45am
Friday:	Speed & Agility 10:00-10:45am

Ages 10+

UNLIMITED SPECIAL
~~\$69/month~~ **\$49/month**

Monday:	Girls Strength Training 10:45-11:45am Bootcamp 4:30-5:30pm
Tuesday:	SURFSET Jr 10:45-11:30am Speed & Agility 6:00-7:00pm
Wednesday:	Strength Training 10:45-11:45am
Thursday:	Speed & Agility 10:45-11:45am Speed & Agility 6:00-7:00pm
Friday:	Speed & Agility 10:45-11:45am

SIGN-UP FOR CLASSES OR MEMBERSHIP ONLINE

WWW.LIVEFITPERRYSBURG.COM